

Grenfell Support News

Another petal blossoms on community mosaic



The fifth petal has been added to the Grenfell Community Memorial Mosaic at the base of Grenfell Tower in a project led by ACAVA in partnership with Al Manaar Muslim Cultural Heritage Centre.

The petal, which was created by the staff and congregation of Notting Hill Methodist Church, features their chosen word "Respect".

Next month's petal will be created by the North Kensington firefighters, many of

whom were first on the scene on 14 June last year. The firefighters have chosen the word "Courage".

Once completed this petal will mark the half way point in this now celebrated project.

The ACAVA programme team will be hosting community sessions at Blechynden Street for the second half of the project, with dates to be confirmed. At these sessions local residents will be invited to take part and

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place some mosaic pieces of their own.
The latest information on this project can be found on the **@ACAVAFlourish** Twitter feed **(www.twitter.com/acavaflourish)**.

To stay informed about local creative opportunities delivered by ACAVA, including community dates for the mosaic project, email **LNash@acava.org** and request to be put on their mailing list.

North Kensington community invited to attend community drop-in clinics

The NHS is holding community drop-in health advice clinics at the Holland Park Hilton this month for anyone who has health concerns in relation to the suspected soil contamination around the Grenfell Tower area.

Responding to the heightened concerns from the North Kensington community, the West London Clinical Commissioning Group (who commission NHS services) are encouraging people who are affected by the Grenfell tragedy with health concerns to attend these clinics.

Particular emphasis will be given to the breathing and wellbeing of children, with specialist children's consultants present.

The drop-in health advice clinics will be held as follows:

- Monday 19 November,
 6.30pm-8.30pm at Hilton Hotel, 179-199, Holland Park Avenue, W11 4UL
- Wednesday 28 November, 6.30pm-8.30pm at Hilton Hotel, 179-199, Holland Park Avenue, W11 4UL

In the meantime, if you or anyone you know within the community is concerned about their health, please advise them to contact their GP or call the NHS on 111 for an appointment.

Alternatively, you can visit **www.grenfell.nhs.uk** for more information about services.



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Activities programme at The Curve Community Centre

Monday 19 November

- 10am-2pm Speedy Employment Fair. Love London Working, Notting Hill Genesis and RBKC employment event, where you can meet a range of organisations to help secure employment. For more info, email lovelondonworking@ myclarionhousing.com
- 1pm-3pm Healthy Hearts 10-week course. Sign up every Wednesday with Olivia at The Curve from 10am to 12noon or email

olivia.bales@healthyhearts.org.uk

- 2pm-4pm Community Contact Team.
 Offering drop-in advice, short term support and focused interventions to support those accessing services
- 5pm-7pm Homework club for all ages with a qualified tutor (drop-in)
- 6pm-8pm Functional skills in English with NOVA. Contact Chrissy at The Curve to book 020 7221 9836 (required)
- 6.30pm-7.30pm Zumba with Paula for ages 18 plus (drop-in)
- 6.30pm-7.45pm Jambi presents Tribo Samba-Reggae percussion workshop. All abilities welcome (drop-in)
- Crèche: 9.30am-12noon and 12.30pm-3pm

Tuesday 6 November

- 10.30am-12.30pm CV workshop with Jasmine from NOVA. All ages welcome (drop-in)
- 10am-3pm Fouzia's Sewing Club.
 Drop-in sewing club for all, grow your skills, knit and natter
- 10.30am–12.30pm Accredited ESOL/ English Award in speaking and listening. At entry level 1 and level 2, delivered by Westway Trust (drop-in)
- 2pm-4pm Open Age Health and Wellbeing course for ages 50 plus. To book, call Maude on 020 8962 5594
- 4pm-5pm Shared for adults and children. Contact Erin on 07483 972020 or erincarlstrom@thereader.org.uk for more info. Open to all reading abilities.
- 5pm-7pm Arabic language classes for ages seven plus (registration is required, please email thecurve@rbkc.go.uk)

Crèche: 9.30am-11.30am and 12.30pm-3pm

Wednesday 21 November

- 10am-12noon The Curve coffee morning. Come along for a coffee and a chat.
- 10am-12noon ICT skills with Open Age. Enrol to attend all sessions. For more information and to book, call Maude on 020 8962 5594
- 10am-12noon Circle of Security parenting programme from Total Family Coaching and Parenting. An eight-week relationship-based early intervention programme designed to build attachment between parents and children. Contact
 - **info@totalfamilycoaching.co.uk** or call **020 8969 5554** or **07397 871 877**
- 12noon-2.30pm ICT classes for beginners from NOVA. Contact Chrissy, booking required 020 7221 9836
- 1.15pm-3.15pm Drug and alcohol support session (drop-in)
- 4pm-7pm Girl's youth group for emotional health and wellbeing, run by Laura. For ages 13 plus.
- 6pm–8pm Functional skills in English with NOVA. Contact Chrissy, booking required 020 7221 9836
- 6pm-7pm Free Cuban salsa class for beginners and improvers (drop-in)
- 7pm-8pm Free Cuban salsa class for intermediates and advanced (drop-in)

Crèche: 10am-12.30pm and 1pm-5pm

Thursday 22 November

- 10am-4pm Clarion Housing Group.
 Job search sessions open to everyone to help with job applications and CV writing (drop-in)
- 10am-12noon Open age presents speak with confidence (drop-in)
- 10.30am-12.30pm Job search workshop with Jasmine from NOVA. All ages welcome (drop-in)

- 2pm-6pm Home Office. Help with immigration and passport issues (drop-in)
- 3pm-5pm One Digital at The Curve.
 Learn how to access and enjoy the internet. For all abilities (drop-in)
- 5pm-7pm Arabic language classes for ages seven plus (registration is required, please email thecurve@rbkc.go.uk)

Crèche: 10am-1.30pm and 2pm-3pm

Friday 23 November

- 11am-12noon Zumbini, Zumba for children (drop-in)
- 4pm-4.30pm Learn Taekwondo. Little warriors aged four to six (drop-in)
- 4.30pm-5.30pm Learn Taekwondo.
 Beginners aged six to 12 (drop-in)
- **5.30pm-6.30pm** Learn Taekwondo. Intermediate aged six to 12 (drop-in)
- 6.30pm-8pm Learn Taekwondo.
 Teens/adults age 13 and above (drop-in)

Crèche: 10am-12noon and 12.30pm-5pm

Saturday 24 November

- 10am-12noon ICT classes for beginners from NOVA. Six-week course. Contact Chrissy booking required 020 7221 9836
- 2pm-4pm Jambi presents Tribo Samba-Reggae percussion workshop.
 All abilities welcome. (drop-in)
- 2.30pm-3.30pm Free Cuban salsa class for beginners and improvers (drop-in)
- 3.30pm-4.30pm Free Cuban salsa class for intermediates and advanced (drop-in)

Sunday 25 November

- 11am-12noon Learn Taekwondo.
 Beginners aged six to 12 (drop-in)
- 12noon-1pm Learn Taekwondo.
 Advanced aged six to 12 (drop-in)
- 1pm-2.30pm Learn Taekwondo. Teens/adults aged 13 and above (drop-in)

The Curve Community Centre, 10 Bard Road, London W10 6TP

Opening hours Monday to Friday: 10am to 8pm, Saturday to Sunday: 11am to 6pm. Some sessions need to be booked in advance by emailing **thecurve@rbkc.gov.uk**.

For a full list of events visit **grenfellsupport.org.uk/thecurve/events**

To book a place in The Curve crèche, call **020 7221 9836** or email **thecurve@rbkc.gov.uk**

This information is provided weekly by The Curve Community Centre. For more information call **020 7221 9836**

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Answers to questions raised at Grenfell United meeting

Last week the Council released additional responses to questions raised from the public concerning possible soil contamination following the Grenfell tragedy. The questions were submitted following the meeting held by Grenfell United and the community in Holland Park last month. Over 100 questions were submitted, all of which have now been answered.

You can find the most up-to-date Q&A on the latest news section of the Grenfell Support website **GrenfellSupport.org.uk**



What if you could earn a living doing something you love?

The Pop-Up Business School is coming to Paddington Arts Centre to host a free 10-day course to help local entrepreneurs kick-start their business.

These sessions will help entrepreneurs, small businesses and start-ups meet their goals and continue to grow, while doing something that they love. The course includes information on how to:

- start a business with no money
- · build a website for free
- get to the top of the Google search
- find customers on social media
- understand tax, company setup and the legal stuff.

The Pop-Up Business School's non-traditional approach focuses on helping you make your first sale without spending money. Thirty per cent of the people that attend the course start their business before the end of the workshop and 27 per cent make their first sale. Anyone who would like to learn new skills, has a

business idea or has started a business can book a place on the course and will take home with them practical advice and a clear way forward.

Thanks to support from the City of Westminster, Derwent London and the Octavia Foundation, all of the sessions are free, however places are limited so be sure to book ahead of time.

Course runs from Monday 26 November to Friday 7 December from 10am to 3pm and will take place at Paddington Arts Centre, 32 Woodfield Road, W9 2BE.

If you're interested, find out more and book your free place here:

popupbusinessschool.co.uk/Westminster



KCTMO and RBKC give evidence at the Grenfell Inquiry

This week (12 November to 18 November) the Grenfell Inquiry began hearing evidence from a small number of RBKC and former Kensington and Chelsea Tenant Management Organisation (KCTMO) employees.

The inquiry is held at **Holborn Bars**, **38-142 Holborn**, **EC1N 2SW**, where members of the public are able to attend if they wish.

There is a range of support on offer to anyone who feels affected by the Inquiry. The Grenfell

NHS Health and Wellbeing Service and Hestia are available throughout the inquiry. Support is also available online at the Grenfell Wellbeing website where you can self-refer: **grenfellwellbeing.com**

You can keep up to date with the inquiry by following @GrenfellInquiry on Twitter. For all information on evidence, discussions, news and the inquiry schedule, visit grenfelltowerinquiry.org.uk.

Find your next job in the Lancaster West Neighbourhood Team

The Lancaster West Neighbourhood Team is looking for a Document Controller to help organise their refurbishment programme. The Document Controller is responsible for controlling the numbering, storage, sorting and retrieval of electronically stored or hard copy documentation.

This job role could give you the opportunity to work in a hands-on environment and make a difference to the local community as part of the recovery from Grenfell.

Applicants should:

- have excellent attention to detail
- have superb IT skills across a range of platforms (SharePoint and 4Projects)
- understand the importance of document control, financial process, health and safety compliance and project management

The post is for three months full-time with some flexibility on hours. The successful applicant will earn £12 per hour.

Job seekers with a disability, Black and Minority Ethnic (BAME) individuals and residents of North Kensington are particularly encouraged to apply.

Interested candidates should email their CV along with why they are interested to **Bella.Jewell@rbkc.gov.uk** by **5pm** on **Wednesday 28 November**.



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Support services on offer

Anyone who would like to speak to the police in relation to the investigation into the Grenfell tragedy is asked to contact the Met Police on **0800 032 4539**.

Important contacts

Grenfell Enquiries service

A one-stop-shop for support, advice and guidance around Grenfell. For more information visit **grenfellsupport.org.uk/grenfell-enquiries** or call **020 7745 6414**.

Cruse Bereavement Care

Call the Freephone helpline on **0808 808 1677** or email **helpline@cruse.org.uk** The helpline is open **Monday-Friday** from **9.30am** to **5pm**. Extended hours Tuesday, Wednesday and Thursday evenings until **8pm**.

Replacement UK passports, visas or immigration queries
Call the Home Office advice line on 0300 303 2832. The line is open 24 hours.

Air quality and smoke exposure

If you have concerns about any symptoms, see your GP and mention Grenfell. They will be able to direct you appropriately.

Housing support

If you have any questions about housing or want to find out who your housing officer is please call **0800 137 111** or **020 7361 3008**.

Victim support

Call **0808 1689 111** for practical and emotional support, or visit **victimsupport.org.uk**The line is open 24 hours a day.

You can also get emotional and practical support at **The Curve Community Centre**. Call **020 7221 9836**.

See The Curve content programme on page two to find out when the **Community Contact Service** is at The Curve. The service is primarily located within the local community and will provide drop in sessions, ad-hoc short term support and focused interventions to support those accessing any services.

The **Grenfell Health & Wellbeing Service** is a free and confidential NHS service for those affected by Grenfell. Self refer at: grenfellwellbeing.com

If you need urgent help, contact your GP or visit your local A&E. In an emergency, always call 999.



Upcoming meetings

Residents welcome to attend.

Grenfell Recovery Scrutiny Committee Triosday 27 November 6 200m

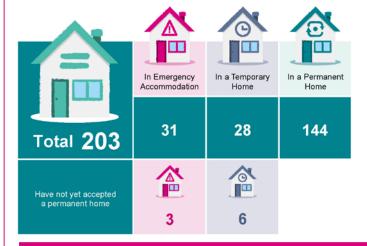
Tuesday 27 November, 6.30pm Kensington Town Hall

Grenfell Tower and Grenfell Walk rehousing progress update



These are the figures for

16 November 2018



Japan Rugby Team come to Kensington

Kensington Leisure Centre hosted the Japan Rugby Team on **Sunday 11 November** as they visited the centre to swim as part of their current training. Over 30 of the squad visited the centre for some water-based exercise as they prepare to face England at Twickenham on **Saturday 17 November** as part of the Autumn International Series.

The match will be only the second time that the two teams have faced one another, with the last encounter being more than 30 years ago. Japan are hosting the Rugby World Cup in 2019 and, after staging the biggest upset of the 2015 tournament by beating the mighty South Africa, are set to offer England a stern test.

Why not come for a swim at one of Kensington Leisure Centre's aquatic activity sessions? Visit their website to see the full swimming time-table and make a splash this winter **bit.ly/2CiQVxe**

Hundreds of Stronger Communities ideas now online

All the ideas the Council received at drop-ins, workshops and on the Creating Stronger Communities website are to be shared online ahead of Saturday's Ideas Day at Kensington Leisure Centre. Over 500 responses have been submitted over the last eight weeks and every single idea has been reviewed. The Ideas Day, featuring activities and refreshments for all, will give participants the chance to choose their favourite suggestions.

To see the ideas, visit **strongercommunities.rbkc.gov.uk** and check out the Ideas section where you can like your favourites.

Drop into **Kensington Leisure Centre**, **Silchester Road**, **W10 6EX** on **Saturday 17 November** from **10.30am** to **4.30pm** to join the Ideas Day conversation and choose which ideas will be taken forward by the Council and its partners.

Overnight emotional support

The NHS Outreach Team is providing a targeted clinical service for those who feel that they require overnight support; this

includes a dedicated phone-based mental health service throughout the night, with home visits for those who require it. If you need to talk, anyone can call the night service on **020 8962 4393**, between **10pm** and **7am** seven days a week.